

SESSION 8 AT-A-GLANCE

Facilitator-trainees will conduct the following activities:

Exercise 1: Introductions

Exercise 2: How to Handle Difficult Sexual Situations

- A. Conduct Sonia and Pat role-play (8-A).

Exercise 3: Dealing with Rationalizations

- A. Explain “rationalizing” to participants (8-B).
- B. Conduct rationalization card activity (8-C).

General Tips:

- You do not have to follow the script in the curriculum word for word. Put it in your own words.
- Make sure you understand the goals and objectives of this session and how it fits into the Street Smart curriculum. Ask your trainers if you have any questions or need clarification.
- Make sure you understand the activity and objective of each exercise.
- Facilitators should divide the session between them, alternating between exercises (see below). Even when not leading an activity, the co-facilitator should be prepared to assist (distributing hand-outs, holding models, answering questions, etc.).
- Anticipate the transition process between activities. Prepare so that the switching between facilitators feels natural and is done smoothly.

Session-Specific Tips

- Use the “People’s Actions” handout to help the group process why Pat made excuses for having unsafe sex and what she got out of it. This can help transition to the exercise on rationalizations.

Trainers will facilitate the following:

Exercise 5: Creating a Media Message

Exercise 7: Ending the Group

Facilitator-trainee 1 should facilitate the following activities:

- Exercise 1
- Exercise 2

Facilitator-trainee 2 should facilitate the following activities:

- Exercise 3