

Pat and Sonia (8-A)

Sonia: Where were you last night, Pat? I was hoping you would be at that party.

Pat: Remember that really hot guy I told you about last week? I ran into him on the street and he started up a conversation with me. I couldn't believe he was interested in me.

Sonia: What??!! You mean that older guy? Oh, he is fine!

Pat: It was great - he took me out to eat and then we went back to his place. He has a really nice place, too.

Sonia: So? Did you do it with him?

Pat: Of course! You think I am going to pass up an opportunity like that?

Sonia: You used protection, right?

Pat: He didn't say anything about condoms, and I didn't want to bring it up and ruin the whole night.

Sonia: I can't believe you! Are you stupid?

Pat: Excuse me? Listen Sonia, he is older, he does not mess around with drugs and stuff – he's not a thug. This is a guy who has his life together; he is definitely safe.

Sonia: That's what you want to believe, but you never know.

THE END

People's Actions (8-B)

People make choices about what actions to take every minute of every day, even when they don't know they're making choices. People make choices for different reasons. Let's look at some of those reasons.

People will continue to behave in a certain way if...

1. They expect something good to come out of it.
2. Something that they want does come out of it.
3. Something good comes out of it often.
4. Anything negative that comes out of it happens a long time after the good part.

People will behave effectively in their best interests if...

1. They know what is in their best interest.
2. They have the necessary skills to behave effectively.
3. They have opportunities to learn skills in several different ways: observing, imitating, and practicing.
4. They believe that they can be effective and have effective tools.
5. They fit into the environment in which they live and the environment supports them.