

Chris and Maria (6-A)

Chris: What's up Maria? You look depressed.

Maria: I am just thinking about Federico, this really fine guy I have been seeing.

Chris: If he's so fine, why do you look so bummed?

Maria: I don't know. It's so hard. When I look at him, I just get so horny and can't think about anything else but...I don't know...I'm confused.

Chris: Now I'm confused! Everything you told me sounds like things are good. I wish I were in your position.

Maria: No you don't. Federico doesn't want to use condoms - any type of condoms - and after we have sex, I start getting all worried and can't stop thinking about it...

Chris: I think you need to make a decision – sex with fine-ass Federico is not going to feel good at all when you catch a disease!

Maria: Yeah, I know.

THE END

My Sexual Values (6-B)

INSTRUCTIONS: Read each of the value statements listed below and check off whether you agree or disagree with the statement. These values may not reflect your behavior, but may be what you try to do. If you agree with the statement and believe it is one of the values that you strive for, then mark Agree. If you do not, then mark Disagree. These are for your eyes only. No one will be reviewing these.

1. Be responsible when you have sex by not bringing grief or hardship to your partner, such as creating an unintended pregnancy or giving him/her HIV.

Agree _____ Disagree _____

2. Do not force your partner to have sex.

Agree _____ Disagree _____

3. Do not manipulate your partner into having sex through drugs, alcohol or deception.

Agree _____ Disagree _____

4. Respect your partner's wishes and pleasures.

Agree _____ Disagree _____

5. Only have sex when it will make you feel good about yourself.

Agree _____ Disagree _____

6. Only have sex when it will make your partner feel good about you.

Agree _____ Disagree _____

7. Only have sex when it will make your partner feel good about her or himself.

Agree _____ Disagree _____

8. Only have sex when you are in love with your partner.

Agree _____ Disagree _____

9. Only have sex with someone you respect.

Agree _____ Disagree _____

10. Do not have sex just because you can.

Agree _____ Disagree _____

Art and George (6-C)

George: Art, this party is hot, right? Hey, come with me to the back room.

Art: How come?

George: There's a bunch of guys back there. We got some crystal.

Art: No kidding.

George: That's not all either.

Art: What?

George: We got this nasty porno that's crazy hot. I never saw anything like this one.

Art: Yeah?

George: Come on, man. You should see these guys. I'm definitely going to get laid tonight!

Art: Uh, you go ahead, I'll be right there

THE END

Problem Analysis Form (6-D)

What was the situation? (Who, where, when, what)

What did you think?

What did you feel?

What did you do?

Are you happy with what you did?

Confident Communication Feedback Form (6-E)

How well did the participant:

1. State his/ her needs clearly and directly?

Excellent Good OK Needs Improvement

2. Show understanding for the other person's needs?

Excellent Good OK Needs Improvement

3. Make his/ her request clear?

Excellent Good OK Needs Improvement

4. Avoid threats or ultimatums?

Excellent Good OK Needs Improvement

5. Keep at it? (Not give up)

Excellent Good OK Needs Improvement

“I Statement” Cards (6-F)

Sample Scenario

Scenario: You and your partner have been practicing safer sex for four months. One night your partner, Johnny, comes home stoned, wants sex, and gets really turned on.

JOHNNY: “Let me put it in without a condom baby. I promise I’ll pull out before I cum.”

Scenario 1

Scenario: Tom is an older man you have known for years. Several times in the past he has helped you out of trouble. He has never asked for anything from you.

TOM: “This will surprise you, but I really want to have sex with you. I’ve been dreaming about it for years.”

Scenario 2

Scenario: You go over to your good friend’s hang out. Your friend is smoking crack and is pretty high.

FRIEND: “Take a smoke. I got plenty of it - good stuff. Come on, you’ll love it.”

Scenario 3

Scenario: Your partner believes that using a condom cuts down on the feeling of sex. But you have an agreement to use one. Often when your partner gets drunk, your partner tries to sneak in getting laid without a condom. You and your partner have been drinking.

PARTNER: “I can tell you are feeling pretty mellow. One more drink and you’ll be ripe. I’m way ahead of you, but you’re catching up. Then, we can get between the sheets.”

Scenario 4

Scenario: One of your friends is shy and doesn’t hang out with many other people. In some ways your friend is homesick. You often have to go to his/her house and see what’s happening. When you go today, your friend is lying in bed. Your friend appears out of it.

FRIEND: “I know I shouldn’t have taken the stuff, but I thought it might make me feel better. I am so lonely. I saved a pill for you. Take it and lie next to me.”

Scenario 5

Scenario: Lola is very sexy, but you think she is a virgin. You believe that if Lola lost her virginity, she would kill herself. You like her and she likes you. You have done some kissing and feeling, but never sex. You and Lola have been drinking a lot of rum. She becomes very affectionate.

LOLA: “I know you want to have sex with me. I want it too, but I’m a virgin because of my religion. I want you so much. Go ahead and do it. No, I didn’t mean that. Oh, yes, please do it, but be easy.”

Scenario 6

Scenario: You have no money and haven't eaten for several days. You decide to go to school to see if you can get some food or borrow some money. So far, you have not been very successful in getting anything at school. You see the gym teacher and ask him to loan you two dollars. The gym teacher looks you over and says,

TEACHER: "I'm not giving you money. But, you can earn it. Come out to my car. It's very comfortable and safe."

Scenario 7

Scenario: You are sitting around with 4 or 5 members of your group. One of them recently stole a little money and has offered to buy some crack for everybody to smoke together. They are all getting ready to go find some crack and smoke it.

T.J.: "You're coming, aren't you? Everybody's going."

Scenario 8

Scenario: Your friend has been depressed for weeks. You are worried. You got the word to come over fast. You did.

FRIEND: "I feel like crap. Nothing's ever going to change. If somebody loved me and made love to me, I might feel better. I'm so scared. I'd have to be high to get enough courage to find someone and get in bed with them. Let's go get high together. Please!"

Scenario 9

Scenario: Your partner wants you to get high because your partner thinks you are freer sexually when you have some drinks in you. Sometimes you wonder if you can really trust your partner. Once, your partner put something in your drink. You go to your partner's place. The drinking has started already. There is a drink poured for you.

PARTNER: "I've been waiting for you. Thinking about that nice body of yours. Here's a drink to get you started. Just a lot of orange juice and a drop of vodka. Drink it down."