



Booster Sessions Handout



SISTA Pre-test/Post-test Instructions for Facilitators

Instructions:

Please direct the participants to complete these forms as honestly and thoroughly as possible. The pre-test should be administered either before or during Session 1. The post-test should be completed three and six months after Session 5 or during each booster session. Participants' responses will help you assess the effectiveness of the SISTA intervention and make improvements, as necessary. The completed tests are your personal evaluation tool. The participant's birth month and day, and first and last initial can be used as a unique identifier for the Participant ID (example: 1122JC).

Before collecting the forms from the participants, Be sure they have provided a unique identifier on the form. The same participant ID should be used for the post-tests.

The pre-test/post-test survey on the following pages was developed by Dr. Gina Wingood, original SISTA developer.



SISTA Pre-test/Post-test

Participant ID: _____ Pre-test Post-test Date _____

INSTRUCTIONS: Please complete this form as honestly and thoroughly as possible. The following questions ask demographic information about you. Circle your responses as necessary

1. How old are you? _____ (years)
2. What is the highest grade of school that you have completed?
 - a. No formal schooling
 - b. Less than a high school diploma
 - c. A high school diploma
 - d. Some college or a 2-year degree
 - e. 4-year college degree or graduate work
3. What is your employment status?
 - a. Unemployed
 - b. Part-time
 - c. Full-time
4. What is your total monthly income? (Not including your partner's)
 - a. I have no monthly income
 - b. My monthly income is \$ _____
5. Do you currently have medical insurance (i.e., Medicaid/Medical)?
 - a. No
 - b. Yes
6. Are you currently married?
 - a. No
 - b. Yes
7. How long have you and your main partner been together?
 - a. I do not have a main partner
 - b. We have been together for _____ (days/months/years)
8. Are you living with your main partner?
 - a. No
 - b. Yes
9. In the past 3 months, how often did you drink beer, wine or liquor?
 - a. Not at all
 - b. A few times
 - c. A few times each week
 - d. Everyday
10. In the past 3 months, how often did use drugs to get high or relax (i.e., marijuana, cocaine, crack)?
 - a. Not at all
 - b. A few times
 - c. A few times each week
 - d. Everyday



INSTRUCTIONS: The following statements are about your attitudes towards using condoms. Please indicate how much you agree or disagree with each statement by putting a check mark under your choice.

	Strongly Disagree	Disagree	Agree	Strongly Agree
1. My main partner would get mad if I said we had to use a male condom.	_____	_____	_____	_____
2. Male condoms ruin the mood.	_____	_____	_____	_____
3. Sex doesn't feel as good when you use a condom.	_____	_____	_____	_____
4. My main partner would think I was having sex with another person if I said we had to use a condom.	_____	_____	_____	_____
5. Using male condoms would help build trust between my main partner and me.	_____	_____	_____	_____
6. Sex with condoms doesn't feel natural.	_____	_____	_____	_____
7. Using male condoms breaks up the rhythm of sex.	_____	_____	_____	_____



INSTRUCTIONS: The next questions ask about what kinds of situations are more difficult for you to use condoms when you have sex with your main partner. Even if the situation has not happened to you, try to imagine how you would handle it if it ever happened. Place a check mark under your choice.

	Definitely Not	Probably Not	Probably Yes	Definitely Yes
1. Can you discuss condom use with your main partner?	_____	_____	_____	_____
2. Can you insist on condom use if your main partner does not want to use one?	_____	_____	_____	_____
3. Can you stop and look for condoms when you are sexually aroused?	_____	_____	_____	_____
4. Can you insist on condom use every time you have sex even when you are under the influence of drugs?	_____	_____	_____	_____
5. Can you insist on condom use every time you have sex even when your main partner is under the influence of drugs?	_____	_____	_____	_____
6. Can you put a condom on your main partner without spoiling the mood?	_____	_____	_____	_____
7. Can you insist on condom use every time you have sex even if you or your main partner uses another method to prevent pregnancy?	_____	_____	_____	_____



INSTRUCTIONS: The next questions are about your confidence in using condoms with your main partner. Place a check mark under your choice.

Even if you've never used condoms before, how confident or sure are you that you could...

	Not Confident	Somewhat Confident	Very Confident
1. Put a condom on a hard penis.	_____	_____	_____
2. Unroll a condom down correctly on the first try.	_____	_____	_____
3. Start over with a new condom if you placed it on the wrong way.	_____	_____	_____
4. Unroll a condom fully to the base of the penis.	_____	_____	_____
5. Squeeze air from the tip of a condom.	_____	_____	_____
6. Take a male condom off without spilling the semen or cum.	_____	_____	_____
7. Take a male condom off before partner loses their hard on.	_____	_____	_____
8. Dispose of a used condom properly.	_____	_____	_____
9. Use lubricant with a condom.	_____	_____	_____



INSTRUCTIONS: The next 10 questions are about your knowledge of HIV. Circle **1** if **TRUE** and **0** if **FALSE**.

	True	False
1. Condoms can help protect you from transmitting or becoming infected with HIV.	1	0
2. Having sex with someone who has HIV is the only way to becoming infected with HIV.	1	0
3. Female condoms are effective in preventing HIV infection.	1	0
4. There is a cure for AIDS.	1	0
5. A positive HIV Antibody test means that you have AIDS.	1	0
6. To know if you have HIV you have to take a test.	1	0
7. Having unprotected anal sex increases a person's chance of getting HIV.	1	0
8. HIV is passed most effectively in semen and blood.	1	0
9. Women can not pass HIV to men.	1	0
10. The safest way to prevent getting HIV is to abstain from sex.	1	0



INSTRUCTIONS: *The next few questions are about having sex and using condoms.*

1. In the past 3 months, how many times have you had sex with a man who put this penis into your vagina?

_____ (# of times had sex with a man who put his penis in your vagina, in the past 3 months)

999 = I have not had sex with a man who put his penis into my vagina in the past 3 months.

2. In the past 3 months, when you had sex with a man who put his penis into your vagina, how many times of these times was a condom used?

_____ (# of times used a condom, in the past 3 months)

999 = I have not had sex with a man who put his penis into my vagina in the past 3 months.

3. In the past 3 months, how many men have put their penis into your vagina?

_____ (# of men who have put their penis into your vagina in the past 3 months)

999 = I have not had sex with a man who put his penis into my vagina in the past 3 months.

4. In the past 3 months, how many times did you exchange sex for drugs, shelter, food or cash?

_____ (# times exchanged sex in the past 3 months)

999 = I have not exchanged sex for drugs, shelter, food or money in the past 3 months.

Please circle 1 if YES and 0 if NO for the next questions.

	Yes	No
5. The last time you had sex did you use a condom?	1	0
6. The next time you have sex do you plan to use a condom?	1	0
7. In the next 3 months, do you plan on using a condom if you have sex?	1	0
8. In the next 3 months, do you plan on using a female condom?	1	0
9. In the past 3 months, did you attempt to use a female condom?	1	0