



## **Join Fellow Latinas for Weekly Discussions of How to Help Yourself, Your Family, and the Community**

Learn about important health issues and ways to improve your relationship with your husbands or boyfriends and with family and friends.

For information on Latina discussion groups call or email:

Name/Agency

Email address

Phone number

### **Do you know that:**

- HIV/AIDS was the fourth leading cause of death among Hispanic/Latino men and women between the ages of 35 and 44 in 2005?
- There's a way to communicate with other people that makes it easier to talk about your thoughts and feelings?
- Some men and women have sexually transmitted diseases and don't even know it?
- Over a million women in the United States are assaulted by intimate partners each year?
- There's a law called the Violence Against Women Act that can help undocumented women who are the victims of domestic violence?



**LEARN MORE INTERESTING AND HELPFUL  
INFORMATION AT OUR WEEKLY DISCUSSION  
GROUPS FOR LATINAS**