



Training of Facilitators

Training Manual
Appendix III: Training Workbook

This page is blank intentionally.

Nia Pre-Intervention Assessment Survey

Please answer the following questions as truthfully as possible; there are no right or wrong answers. Please take your time, and read each section carefully. Some sections require you to provide numbers. Others require you to circle the appropriate response. All answers will remain confidential to the extent allowed by law.

Participant ID Code: RJ17

Today's Date: 5.8.10

Age: 34

Birth date: 10.12.75

Ethnicity:

Hispanic/Latino

Not Hispanic or Latino

Race:

Mark your primary race first.

If you identify with more than one, please mark a secondary choice.

	Primary	Secondary
American Indian/Alaskan Native	<input type="checkbox"/>	<input type="checkbox"/>
Asian	<input type="checkbox"/>	<input type="checkbox"/>
African American/Black	<input checked="" type="checkbox"/>	<input type="checkbox"/>
White	<input type="checkbox"/>	<input type="checkbox"/>
Native Hawaiian/Pacific Islander	<input type="checkbox"/>	<input type="checkbox"/>

Please answer each question below.

1. Circle the highest grade or year of school that you have **completed**.

6th grade or below

7th-8th grade

9th-11th grade

12th grade

1-2 years college

Associate's degree

3 years college

Bachelor's degree

Graduate school

2. What is your current employment status? (Circle one letter)

a) Working

b) Unemployed

c) Student (either full- or part-time)

d) Other (Please explain _____)

3. Which of the following best describes your status regarding sex at this time?
(Circle one letter)

a) Not having sex

b) Having sex with more than one person

c) Having sex with just one person for less than one (1) year

d) Having sex with just one person for one (1) year or more

4. How many children do you have? (Circle one)

0 1 2 **3** 4 5 or more

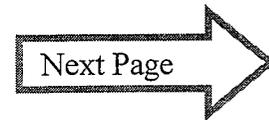
5. Have you ever personally known someone with HIV or AIDS? (Circle one)

Yes **No**

(If yes) How many people with HIV / AIDS have you known? _____

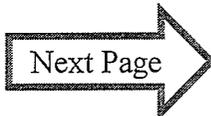
6. Have you ever been incarcerated (in jail)? (Circle one)

Yes No



Please answer each question by circling either YES or NO.

-
7. Are AIDS and HIV two names for the same thing? YES NO
8. Does a person who has HIV always have AIDS? YES NO
9. Can a person be infected with HIV and not show signs? YES NO
10. Does a negative HIV test always mean a person does not have HIV? YES NO
11. Does getting tested for HIV help protect a person from getting the virus? YES NO
12. Does a negative test mean a person cannot get HIV? YES NO
-
13. Can a person with HIV who looks healthy pass the virus to others? YES NO
14. Can a person get HIV through contact with saliva? YES NO
15. Does having sex with more than one partner increase a person's chances of getting HIV? YES NO
16. Can a woman give HIV to a man? YES NO
17. Do people get HIV the same way that they get Gonorrhea and Syphilis (VD)? YES NO
18. Can a person who got HIV from shooting up drugs give the virus to someone by having sex? YES NO
19. Does using shortening and other oils to lubricate latex condoms help them work better? YES NO
20. Does washing drug equipment with warm water kill HIV? YES NO
21. Do most types of birth control also protect against HIV? YES NO
-

Next Page 

22. Based on your behavior **in the past 2 months**, what do you think is your risk for getting the virus that causes AIDS? (Circle one)

No risk at all

Somewhat at risk

Good deal at risk

Extremely at risk

Please answer these statements by circling either YES OR NO.

23. I worry about getting HIV.

YES

NO

24. I think that HIV is a serious problem in my community.

YES

NO

25. I have thought about how to protect myself from HIV.

YES

NO

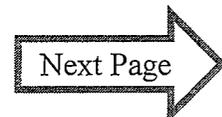
Next Page 

The statements below describe feelings or thoughts you may have about condoms. For each question, please circle an answer to indicate whether you agree or disagree with the statement.

-
- | | | | |
|-----|---|---|--|
| 26. | The use of condoms can make sex more exciting. | <input checked="" type="radio"/> Disagree | <input type="radio"/> Agree |
| 27. | Condoms are uncomfortable. | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 28. | I find it embarrassing to be seen buying condoms. | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 29. | Using condoms can be pleasurable. | <input checked="" type="radio"/> Disagree | <input type="radio"/> Agree |
| 30. | Using condoms can show concern and caring. | <input checked="" type="radio"/> Disagree | <input type="radio"/> Agree |
| 31. | Condoms ruin the "mood." | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 32. | Condoms mess up foreplay. | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 33. | I feel comfortable when I buy condoms. | <input checked="" type="radio"/> Disagree | <input type="radio"/> Agree |
| 34. | Condoms don't always work. | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 35. | Condoms are an effective method of preventing sexual diseases. | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 36. | I feel good about sex with a condom. | <input checked="" type="radio"/> Disagree | <input type="radio"/> Agree |
| 37. | Most women would break up with me if I said we had to use a condom. | <input type="radio"/> Disagree | <input checked="" type="radio"/> Agree |
| 38. | My friends would approve of me using a condom. | <input checked="" type="radio"/> Disagree | <input type="radio"/> Agree |

Now, vividly imagine a situation with a person where they want to have sex with you without a condom. Imagine that you are very attracted to this person and want to be with them, and they really want to have sex with you. Please circle the number beside each statement below that best describes how confident you are that you can do each.

	Definitely Not Confident 1	Somewhat Confident 2	Definitely Confident 3
39. I will keep condoms nearby.	1	2	3
40. I will remind myself to use a condom during sex.	1	2	3
41. I will bring up the need to use a condom.	1	2	3
42. I will use a condom.	1	2	3
43. I will tell myself that sex with a condom is as good as sex without a condom.	1	2	3
44. I will not drink or use drugs before sex.	1	2	3
45. I will refuse to have sex without a condom, even if my partner pressures me to have unsafe sex.	1	2	3
46. I will decide ahead of time what I will and will not agree to do.	1	2	3
47. I will actively guide our actions to safe sex.	1	2	3



Now please think carefully about risky situations like the one on the previous page. Please circle the number beside each statement below that best describes how certain you are that you can do each.

		Definitely Not Certain	Somewhat Certain	Definitely Certain
48.	I can know when a situation is risky.	1	2	3
49.	I can avoid being in a risky situation.	1	2	3
50.	I can use a condom.	1	2	3
51.	I can talk to my partner about using condoms.	1	2	3

Please circle your answer to the following questions.

52. When you have sex, how often do you have a condom with you?

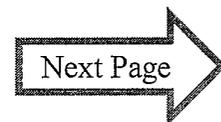
1 2 3 4 5
 Every time Almost Every Time Sometimes Almost Never Never

53. When you have sex, how often do you use a condom?

1 2 3 4 5
 Every Time Almost Every Time Sometimes Almost Never Never

54. How likely do you think it is that from now on you will use a condom every time you have sex?

1 2 3 4
 Very Likely Likely Unlikely Very Unlikely



Please circle your answer to the following.

55. Have you ever shared needles to inject (shoot-up) drugs? YES NO

56. Have you had a sex partner who you think used needles to shoot-up drugs? YES NO

57. Have you given someone money, drugs, or other things to get sex? YES NO

58. Have you ever had sex with another man? YES NO

59. Have you been treated for a sexual disease (VD, STD) such as Syphilis, Gonorrhea, Herpes, or Chlamydia? YES NO

If YES, how many times? 1



Now please think carefully about the past **2 months** and fill in the spaces with the **number** of times you have had these types of sex or **number** of partners you have had. If you do not remember the actual **number**, please estimate this to the best of your ability.

In the past 2 months, I have...

60. Had Vaginal sex **without** latex condoms (rubbers) 25 (**number of times**) in the past 2 months.
61. Had Vaginal sex **with** use of latex condoms (rubbers) 4 (**number of times**) in the past 2 months.
62. Had Anal (in the butt) sex **without** latex condoms (rubbers) 3 (**number of times**) in the past 2 months.
63. Had Anal (in the butt) sex **with** use of latex condoms (rubbers) 0 (**number of times**) in the past 2 months.
64. Gotten Oral sex (your partner performed oral sex on you) **without** a condom 12 (**number of times**) in the past 2 months.
65. Given Oral sex (you performed oral sex on your partner) **without** a condom or latex barrier 4 (**number of times**) in the past 2 months.
66. Gotten Oral sex (your partner performed oral sex on you) **with** a condom 0 (**number of times**) in the past 2 months.
67. Given Oral sex (you performed oral sex on your partner) **with** a condom or latex barrier 0 (**number of times**) in the past 2 months.
68. Drunk alcohol (beer, wine, etc.) before having sex 30 (**number of times**) in the past 2 months.
69. Used other drugs (marijuana, cocaine, or others) 5 (**number of times**) before having sex in the past 2 months.
70. Had sex with _____ (**number of women**) in past 2 months.
71. Had sex with 0 (**number of men**) in past 2 months.
72. Talked with my partner about using condoms 0 (**number of times**) in the past 2 months.
73. Refused to have sex because I did not have a condom 0 (**number of times**) in the past 2 months.

74. Planned ahead of time to practice safer sex 0 (**number of times**) in the past 2 months.

In the past 2 months, I have ...

75. Drunk less or used drugs less before having sex to be safe 0 (**number of times**) in the past 2 months.

76. Talked with a sex partner about getting tested for HIV 0 (**number of times**) in the past 2 months.

**THANK YOU FOR YOUR TIME. PLEASE RETURN THIS
QUESTIONNAIRE TO THE FACILITATOR.**

Personal Feedback Report-1 (PFR-1)

You answered questions about your knowledge of HIV and STDs. Below is a summary of some of your responses.

	Your Answer	Right Answer
1. Are AIDS and HIV two names for the same thing?	_____	<u>NO</u>
2. Does a person who has HIV always have AIDS?	_____	<u>NO</u>
3. Can a person be infected with HIV and not show signs?	_____	<u>YES</u>
4. Does a negative HIV test always mean a person does not have HIV?	_____	<u>NO</u>
5. Does getting tested for HIV help protect a person from getting the virus?	_____	<u>NO</u>
6. Does a negative test mean a person cannot get HIV?	_____	<u>NO</u>
7. Can a person with HIV who looks healthy pass the virus to others?	_____	<u>YES</u>
8. Can a person get HIV through contact with saliva?	_____	<u>NO</u>
9. Does having sex with more than one partner increase a person's chance of getting HIV?	_____	<u>YES</u>
10. Can a woman give HIV to a man?	_____	<u>YES</u>
11. Do people get HIV the same way that they get Gonorrhea and Syphilis (VD)?	_____	<u>YES</u>
12. Can a person who got HIV from shooting up drugs give the virus to someone by having sex?	_____	<u>YES</u>
13. Does using shortening and other oils to lubricate latex condoms help them work better?	_____	<u>NO</u>
14. Does washing drug equipment with warm water kill HIV?	_____	<u>NO</u>
15. Do most types of birth control also protect against HIV?	_____	<u>NO</u>

Key for Creating Personal Feedback Report-1 (PFR-1)

(The numbers in the “Your Answer” column below reference the question numbers from the Pre-Intervention Assessment Survey. Copy the participant’s responses in this column to complete the PFR.)

	Your Answer	Right Answer
1. Are AIDS and HIV two names for the same thing?	___(#7)___	<u>NO</u>
2. Does a person who has HIV always have AIDS?	___(#8)___	<u>NO</u>
3. Can a person be infected with HIV and not show signs?	___(#9)___	<u>YES</u>
4. Does a negative HIV test always mean a person does not have HIV?	___(#10)___	<u>NO</u>
5. Does getting tested for HIV help protect a person from getting the virus?	___(#11)___	<u>NO</u>
6. Does a negative test mean a person cannot get HIV?	___(#12)___	<u>NO</u>
7. Can a person with HIV who looks healthy pass the virus to others?	___(#13)___	<u>YES</u>
8. Can a person get HIV through contact with saliva?	___(#14)___	<u>NO</u>
9. Does having sex with more than one partner increase a person’s chance of getting HIV?	___(#15)___	<u>YES</u>
10. Can a woman give HIV to a man?	___(#16)___	<u>YES</u>
11. Do people get HIV the same way that they get Gonorrhea and Syphilis (VD)?	___(#17)___	<u>YES</u>
14. Can a person who got HIV from shooting up drugs give the virus to someone by having sex?	___(#18)___	<u>YES</u>
15. Does using shortening and other oils to lubricate latex condoms help them work better?	___(#19)___	<u>NO</u>
14. Does washing drug equipment with warm water kill HIV?	___(#20)___	<u>NO</u>
15. Do most types of birth control also protect against HIV?	___(#21)___	<u>NO</u>

Personal Feedback Report-2 (PFR-2)

You answered questions about your feelings and experiences before coming to the counseling session. Below is a summary of some of your responses to the survey you completed.

1. You said that you _____ worry about getting HIV- the virus that causes AIDS.
2. You said that you _____ thought about protecting yourself from HIV.
3. You said that you were _____ confident that you could bring up the need to practice safer sex.
4. You said that you were _____ confident that you could refuse to have unsafe sex even if your partner pressured you to be unsafe.
5. You said that you had _____ partners in the past 2 months.

Below are sexual activities you said you practiced in the past 2 months:

6. Getting oral sex without a condom _____ times.
7. Giving oral sex without a condom/latex barrier _____ times.
8. Vaginal sex without a condom _____ times.
9. Vaginal sex with a condom _____ times.
10. You said that you used condoms _____% of the times you had vaginal sex.
11. Anal sex without a condom _____ times.
12. Anal sex with a condom _____ times.
13. You said that you used condoms during _____ % of the times you had anal sex.
14. In the past 2 months, you drank alcohol _____ times just before sex.
15. In the past 2 months, you used drugs _____ times just before having sex.
16. You have been treated _____ times for a sexually transmitted disease (STD, VD) in the past year.

Key for Creating Personal Feedback Report-2 (PFR-2)

(The numbers before each of the statements below reference the question numbers from the Pre-Intervention Assessment Survey that give the information needed to complete the PFR.)

1. You said that you (#23: do or do not) worry about getting HIV - the virus that causes AIDS.
2. You said that you (#25: have or have not) thought about protecting yourself from HIV.
3. You said that you were (#41: definitely not, somewhat, or definitely) confident that you could bring up the need to use a condom.
4. You said that you were (#45: definitely not, somewhat, or definitely) confident that you could refuse to have unsafe sex even if your partner pressured you to be unsafe.
5. You said that you had (sum of #70 and #71) partners in the past 2 months.

Below are sexual activities you said you practiced in the past 2 months:

6. Getting oral sex without a condom (#64) times.
7. Giving oral sex without a condom/latex barrier (#65) times.
8. Vaginal sex without a condom (#60) times.
9. Vaginal sex with a condom (#61) times.
10. You said that you used condoms ({#61 divided by the sum of #60 and #61} times 100) % of the times you had vaginal sex.
11. Anal sex without a condom (#62) times.
12. Anal sex with a condom (#63) times.
13. You said that you used condoms during ({#63 divided by the sum of #62 and #63} times 100) % of the times you had anal sex.
14. In the past 2 months, you drank alcohol (#68) times just before sex.
15. In the past 2 months, you used drugs (#69) times just before having sex.
16. You have been treated (#59) times for a sexually transmitted disease (STD, VD) in the past year.

Personal Feedback Report-3 (PFR-3)

You answered questions about your feelings and thoughts about condoms. Below is a summary of some of your responses.

The use of condoms can make sex more exciting.	Disagree	Agree
Condoms are uncomfortable.	Disagree	Agree
I find it embarrassing to be seen buying condoms.	Disagree	Agree
Using condoms can be pleasurable.	Disagree	Agree
Using condoms can show concern and caring.	Disagree	Agree
Condoms ruin the “mood.”	Disagree	Agree
Condoms mess up foreplay.	Disagree	Agree
I feel comfortable when I buy condoms.	Disagree	Agree
Condoms don’t always work.	Disagree	Agree
Condoms are an effective method of preventing sexual diseases.	Disagree	Agree
I feel good about sex with a condom.	Disagree	Agree
Most women would break up with me if I said we had to use a condom.	Disagree	Agree
My friends would approve of me using a condom.	Disagree	Agree

Key for Creating Personal Feedback Report-3 (PFR-3)

(The numbers before each of the statements below reference the question numbers from the Pre-Intervention Assessment Survey that give the information needed to complete the PFR.)

(#26) The use of condoms can make sex more exciting.	Disagree	Agree
(#27) Condoms are uncomfortable.	Disagree	Agree
(#28) I find it embarrassing to be seen buying condoms.	Disagree	Agree
(#29) Using condoms can be pleasurable.	Disagree	Agree
(#30) Using condoms can show concern and caring.	Disagree	Agree
(#31) Condoms ruin the “mood.”	Disagree	Agree
(#32) Condoms mess up foreplay.	Disagree	Agree
(#33) I feel comfortable when I buy condoms.	Disagree	Agree
(#34) Condoms don’t always work.	Disagree	Agree
(#35) Condoms are an effective method of preventing sexual diseases.	Disagree	Agree
(#36) I feel good about sex with a condom.	Disagree	Agree
(#37) Most women would break up with me if I said we had to use a condom.	Disagree	Agree
(#38) My friends would approve of me using a condom.	Disagree	Agree