

## Nia Behavior Change Logic Model

<b>Problem Statement</b>			
<p><i>Nia is designed for adult African American males 18 and older who have sex with women.</i></p> <p><i>This population is at risk of transmitting or acquiring HIV due to having unprotected sex with female partners.</i></p> <p><i>Major risk factors for HIV include: membership in a demographic group highly impacted by HIV, lack of condom use as a means of protection, sex while under influence of drugs/alcohol, and lack of comfort talking about HIV risk and condom use with female sex partners.</i></p>			
<b>Nia Behavior Change Logic</b>			
<b>Behavioral Determinants</b> <i>Factors from behavioral theory that impact behavior</i>	<b>Activities</b> <i>To address behavioral determinants</i>	<b>Outcomes</b> <i>Expected changes as a result of activities targeting behavioral determinants</i>	
		<b>Immediate Outcomes</b>	<b>Intermediate Outcomes</b>
<ul style="list-style-type: none"> <li>★ HIV/AIDS knowledge</li> <li>★ Risk perception regarding self</li> <li>★ Intentions regarding risk reduction options</li> <li>★ Identifying triggers to unsafe sex in risky sexual situations skills</li> <li>★ Identifying triggers to unsafe sex in risky sexual situations skills self-efficacy</li> <li>★ Managing risky sexual situations skills</li> <li>★ Managing risky sexual situations self-efficacy</li> <li>★ Risk reduction decision-making skills</li> <li>★ Risk reduction decision-making self-efficacy</li> <li>★ Condom use attitudes</li> <li>★ Condom use/safer sex skills</li> <li>★ Condom use/safer sex self-efficacy</li> <li>★ Sexual communication skills</li> <li>★ Sexual communication self-efficacy</li> </ul>	<ul style="list-style-type: none"> <li>★ Review personalized Personal Feedback Report (PFR) -1 form on HIV knowledge.</li> <li>★ Identify HIV information as myth or fact and discuss.</li> <li>★ Review personalized PFR-2 form on HIV risk behaviors.</li> <li>★ Place sexual risk behaviors on a risk continuum banner from very high risk to very low risk and discuss.</li> <li>★ Build skills in identifying triggers to unsafe sex and making risk reduction/safer sex decisions.</li> <li>★ Review personalized PFR-3 form on condom attitudes.</li> <li>★ Generate list of pros &amp; cons of condom use and discuss.</li> <li>★ View demonstration of condom skills and practice these skills.</li> <li>★ View and discuss culturally relevant videos;               <ul style="list-style-type: none"> <li>○ HIV 101 video</li> <li>○ HIV community impact video</li> <li>○ “Edutainment” video</li> <li>○ Condom skills video</li> </ul> </li> <li>★ View culturally relevant movie clips and practice identifying triggers, safer sex decision making, and sexual communication.</li> </ul>	<ul style="list-style-type: none"> <li>★ Levels of correct knowledge will increase.</li> <li>★ Risk perception will increase.</li> <li>★ Intentions to use condoms will increase.</li> <li>★ Trigger identification self-efficacy will increase.</li> <li>★ Managing risky sexual situations self-efficacy will increase.</li> <li>★ Risk reduction decision-making self-efficacy will increase.</li> <li>★ Negative attitudes toward condoms will decrease and positive attitudes will increase.</li> <li>★ Condom use skills will improve.</li> <li>★ Condom use/safer sex self-efficacy will increase.</li> <li>★ Sexual communication self-efficacy will increase.</li> </ul>	<ul style="list-style-type: none"> <li>★ Increased condom use/ decreased unprotected vaginal/anal intercourse</li> <li>★ Increased talking with partner about HIV risk and condom use</li> <li>★ Decreased drug/alcohol use before or with sex</li> <li>★ Improved management of risky sexual situations, e.g.,               <ul style="list-style-type: none"> <li>○ Planned ahead to practice safer sex</li> <li>○ Refused unsafe/unprotected sex</li> <li>○ Increased condom carrying</li> </ul> </li> </ul>