



## APPENDIX G

### Videos and Movie Clips

## **Videos and Movie Clips**

Many types of videos/clips are shown in the two sessions of **Nia**: HIV/AIDS information, personal statements from people affected by HIV, condom demonstration, and clips from popular movies. This appendix is designed to help program managers and facilitators understand the purpose and content of these videos/clips. There is information on the original videos/clips; many of these are useable or even recommended. If your agency wants to update or adapt them for your target population(s), each information page has a worksheet for that video or clip to help with the selection process.

Each worksheet has space for the title, length, recommended length, description, and availability of the video or clip; the clip worksheets also include counter times. The information on the original video/clip is filled in, while the next column is blank with room for answers on the alternate video/clip being considered. The final column in the worksheet is for comments. Below this are five important close-ended questions about the content of the video/clip, with space for “yes” or “no” answers. Answers for the original video/clip are checked with two exceptions. For videos, the question about the facts being accurate and up-to-date is not checked, since this can change over time; for clips, the one unchecked is about whether or not the male actor looks like the men in your **Nia** group, since this can change depending on your target population. Generally speaking, even one “no” answer means that you should not use that video/clip.

Most agencies will need at least 30 hours to identify and acquire six movie clips to use during the sessions. The actual number of hours for selecting the clips will depend on staff knowledge of movies and appropriate clips, and the number of populations who will be receiving the intervention. More time will be required if your agency also decides to replace the videos or to combine clips on a single VHS tape or DVD disk.

All videos and movie clips used in the research study were chosen for African American men who have sex with women. Summary charts of these videos and clips can be found on the last two pages of this appendix. The four original videos are available with the **Nia** package: *When Men Talk About HIV/AIDS*, *HIV/AIDS: Infecting and Affecting Our Community*, and *It's All About Condoms*. These are together on one DVD. The original movie clips are not included in the package.

The starting counter time for movies assumes the beginning of the movie as 0:00:00. This is to allow for different editions of the movies with different introduction times. Every effort has been made to be as accurate as possible on these counter times, but anyone using this table to create their tape should use their own judgment about the precise moment to start and end their clips.

The facilitators need to introduce all clips prior to viewing in such a way as to prompt discussion on the current topic or practice of the skills. In general, for movie clips participants are told to ignore anything they may already know about the movie and concentrate on how the scene is described or “set” by the facilitator. The Facilitator’s Guide has more information on facilitating the clips on pages 35-37.

## **Glossary of Terms Used in This Appendix**

**Adaptation:** minor changes made to an intervention in order to make it more appropriate for the clients it is intended to serve. It may refer to updating materials. Adaptation must maintain the Core Elements of the intervention and fidelity to the intervention’s intent and internal logic.

**Availability:** information on where to obtain videos/clips.

**Clip(s)/Movie Clip(s):** short clips taken from popular movies or similar sources for use in **Nia**. All these clips must be “movie-quality,” meaning that the clip has high production values that help participants to see themselves in a similar situation.

**Counter-time:** the starting or ending point of a movie clip.

**Description:** a brief summary of a video or movie clip. For movie clips, the facilitators can use this description at the point in the “set-the-scene” where it says “(*briefly describe the scene*),” or they can explain the clip in their own words.

**Length:** how long a video/clip is when played straight through once. It does not include additional viewings.

**Matrix:** a set of conditions, represented visually, that can be used to guide the selection and ordering of clips for **Nia**.

**New:** refers to information on replacement videos/clips.

**Original:** videos and clips used during the research study.

**Purpose:** information on how the video/clip was used in **Nia** groups.

**Recommended length:** a general length guideline for length of new videos/clips.

**Set-the-scene:** a series of statements made to introduce each of the clips. See page 8 of this appendix.

**Summary charts:** descriptions for each of the videos and movie clips used in the original research study.

**Video(s):** the four videos used in **Nia** to provide HIV/AIDS information, personal statements, condom demonstration, and an entertaining combination of HIV-related materials.

**Video(s)/clip(s):** used when referring to both videos and movie clips.

## Video #1

**Purpose:** This video ensures that all **Nia** participants receive the same factual information about HIV/AIDS and risky behaviors. It also acts as a springboard to discussion around safer sex/risk reduction.

**Adaptation:** Other accurate and up-to-date educational HIV/AIDS videos can be used for the educational element, but agencies should make sure they are appropriate for their group participants, run no longer than the original video, and have a question and answer format. Replace the original video if any of the information becomes dated. Any new or original videos must be approved by a Program Review Panel.

Video #1	Original		New		Comments
<b>Title of Video:</b>	<i>When Men Talk About HIV/AIDS</i>				
<b>Length of Video:</b>	15 minutes, 18 seconds				
<b>Recommended Length:</b>	10-15 minutes				
<b>Description:</b>	While working out at a gym, a female health department employee is asked and answers HIV-related questions.				
<b>Availability:</b>	Part of <b>Nia</b> package				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Does it have facts about HIV/AIDS and risky behaviors?	√				
Are facts accurate and up-to-date?					
Is it in a question and answer format?	√				
Will it prompt discussion around safer sex/risk reduction?	√				

## Video #2

**Purpose:** This video ensures all **Nia** participants hear stories of how HIV has affected men like them. It also acts as a springboard to discussion around how practicing safer sex/risk reduction allows the participants to play a protective role in their community.

**Adaptation:** Other videos about men living with HIV/AIDS videos can be used, but agencies should make sure they are appropriate for their group participants, run no longer than the original video, and feature men talking about how having HIV has impacted their life. Replace the original video if any of the information becomes dated. Any new or original videos must be approved by a Program Review Panel.

Video #2	Original		New		Comments
<b>Title of Video:</b>	<i>HIV/AIDS: Infecting and Affecting Our Community</i>				
<b>Length of Video:</b>	14 minutes, 57 seconds				
<b>Recommended Length:</b>	10-15 minutes				
<b>Description:</b>	Men who are living with HIV talk about their personal experiences. A woman who is taking care of her husband, who has AIDS, also tells her story.				
<b>Availability:</b>	Part of <b>Nia</b> package				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Does it feature men who are living with HIV/AIDS?	√				
Do they tell their stories?	√				
Do they look like the men in your <b>Nia</b> groups?					
Will it prompt discussion around HIV's impact on the community?	√				

### Video #3

**Purpose:** This video ensures that the **Nia** participants leave the first session with a message about HIV/AIDS presented in an entertaining format. It serves to reinforce the information and motivational aspects of Session One.

**Adaptation:** Other more up-to-date “edutainment” videos about HIV/AIDS can be used, but agencies should make sure they are appropriate for their group participants, run no longer than the original video, are entertaining, and have a variety of formats. Replace the original video if any of the information becomes dated. Any new or original videos must be approved by a Program Review Panel.

Video #3	Original		New		Comments
<b>Title of Video:</b>	<i>Combination Video</i>				
<b>Length of Video:</b>	12 minutes, 17 seconds				
<b>Recommended Length:</b>	10-12 minutes				
<b>Description:</b>	Four “edutainment” clips: “Time Out” with Arsenio Hall and Magic Johnson; safer-sex scenes from “Partners in Crime, Volume I” with Robert Townsend; “Too Hot”, a music video by Coolio (4 min, 56 sec.); and HIV informational statements.				
<b>Availability:</b>	Part of <b>Nia</b> package				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Does it have facts about HIV/AIDS and risky behaviors?	√				
Are facts accurate and up-to-date?					
Is it in a variety of formats?	√				
Is it entertaining?	√				

## Video #4

**Purpose:** This video ensures that all **Nia** participants receive the same factual information about condoms. It also acts as a springboard to discussion around condom use.

**Adaptation:** Other accurate and up-to-date condom demonstration videos can be used, but agencies should make sure they are appropriate for their group participants, run no longer than the original video, and have a casual format. Replace the original video if any of the information becomes dated. Any new or original videos must be approved by a Program Review Panel.

### Worksheet

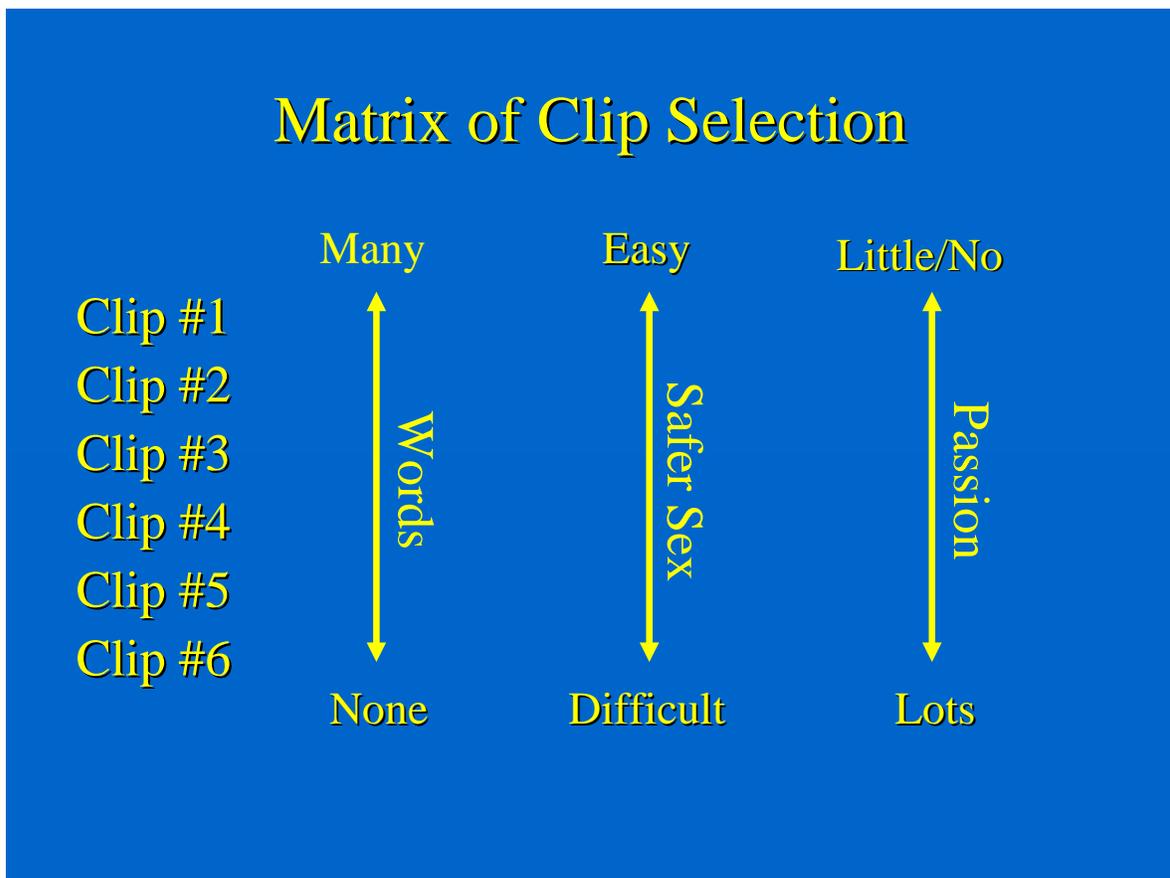
Video #4	Original		New		Comments
<b>Title of Video:</b>	<i>It's All About Condoms</i>				
<b>Length of Video:</b>	7 minutes, 48 seconds				
<b>Recommended Length:</b>	6-8 minutes				
<b>Description:</b>	A woman, who has been to a safer sex class, brings information and a variety of condoms home. After dinner, she and her male partner demonstrate ways to apply and eroticize condoms.				
<b>Availability:</b>	Part of <b>Nia</b> package				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Does it have facts about condoms?	√				
Are facts accurate and up-to-date?					
Is it in a casual format?	√				
Will it prompt discussion around condoms and safer sex/risk reduction?	√				

## Matrix of Clip Selection

The matrix was designed to help determine the order in which clips are shown in **Nia**. When selecting replacement clips to update the intervention or make it more appropriate for your clients, use the matrix at the bottom of this page to guide you. It can help in both selection and ordering of clips.

The matrix is based on the idea that the first clip shown in Session Two should represent a risky sexual situation where there are plenty of chances for the men to make and communicate a safer sex decision. With each succeeding clip, these opportunities decrease and the practice of safer sex becomes more difficult. In order to show this visually:

- ★ The first column shows the clip numbers.
- ★ The arrow on the left indicates that the situation in each clip gets progressively less verbal.
- ★ The middle arrow indicates that in the situation in each clip it is progressively more difficult to practice safer sex.
- ★ The arrow on the right indicates that each clip gets progressively more passionate.



## General information on the Movie Clips

### Purpose

The purpose for each of the movie clips is to engage **Nia** participants in discussion of a common risky sexual situation and to use that situation when practicing skills. The situation in the clip is used to build skills for identifying and managing sexual risk situations and for condom use or safer sex decisions. (Core Elements #4 and #5). See pages 93-96 of the Facilitator's Guide for specific steps in using the clips.

### Adaptation

While the original research used seven clips, the Facilitator's Guide and this appendix suggest the use of only six. This will allow more time for discussion and practice of the skills. If your agency decides it prefers to use seven clips, though, that is acceptable. If you have questions about using clips from movies and television shows that are copyrighted, the Fair Use Doctrine found in Sections 107-118 of the copyright act, (title 17, U.S. Code) addresses this issue. Refer to the webpage of the U.S. Copyright Office or consult an attorney.

Your agency can select newer movies or other movie-quality sources for one or more of these clips. If so, you should make sure the clips are appropriate for your group participants, have the recommended length, and show an entertaining "prelude to sex" scene. Any clips used in **Nia**, whether original or new, must be approved by a Program Review Panel.

### Set-the-scene

Before the facilitators show each of the clips, they need to introduce them to the group. Each set-the-scene should include statements to participants that are similar to the following but using their own words. These should cover the same basic five points:

- ★ "You may have seen the movie (or other source) this clip is from. Try to forget anything you know about it. Think about it as I describe it, not as it appears in the movie."
- ★ "This is a 'prelude to sex' scene, where a man (*briefly describe the scene*)."
- ★ "Watch the scene, and look for triggers to unsafe sex."
- ★ "Focus on how the male character handles the risky sexual situation. Think about what the character could have done or said differently to produce a safer sex situation."
- ★ "Think about how you would have reacted in a similar situation."

Descriptions for the six original clips are included on the movie clip worksheets on pages 9-14. Facilitators can use these descriptions at the point in the "set-the-scene" where it says "*(briefly describe the scene)*," or they can explain the clip in a few of their own words.

## Worksheet for Movie Clip #1

Clip #1	Original		New		Comments
<b>Title of Movie:</b>	<i>Boomerang</i>				
<b>Length of Clip:</b>	1 minute, 11 seconds				
<b>Counter Times:</b>	0:13:21 to 0:14:32				
<b>Recommended Length:</b>	1-2 minutes		1-2 minutes		
<b>Description:</b>	<p>A man and woman are out for the first time. He really wants to have sex with her but doesn't want her to know. He pretends not to be interested in getting physical (intimate) with her. He hopes that his lack of interest will prompt her to initiate sex, so as to show that it was all her idea. He is playing mind games.</p>				
<b>Availability:</b>	Commercial video and film outlets				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Is it "movie-quality"?	√				
Is it a prelude to sex scene?	√				
Does the male actor look like the men in your <b>Nia</b> group?					
Is it engaging?	√				
Will it prompt discussion around safer sex/risk reduction?	√				
Does it match the matrix? ★ Lots of talking ★ Many/easy safer sex chances ★ Little/no passion	√				

## Worksheet for Movie Clip #2

Clip #2	Original		New		Comments
<b>Title of Movie:</b>	<i>Dead Air</i>				
<b>Length of Clip:</b>	1 minute, 26 seconds				
<b>Counter Times:</b>	0:14:23 to 0:15:49				
<b>Recommended Length:</b>	1-2 minutes		1-2 minutes		
<b>Description:</b>	The guy is sitting in a bar having a drink and minding his own business, when in walks a woman. The woman is celebrating her birthday and is looking for someone to help her celebrate.				
<b>Availability:</b>	Commercial video and film outlets				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Is it "movie-quality"?	√				
Is it a prelude to sex scene?	√				
Does the male actor look like the men in your <b>Nia</b> group?					
Is it engaging?	√				
Will it prompt discussion around safer sex/risk reduction?	√				
Does it match the matrix? ★ Much talking ★ Many/easy safer sex chances ★ Little passion	√				

### Worksheet for Movie Clip #3

Clip #3	Original		New		Comments
<b>Title of Movie:</b>	<i>Boomerang</i>				
<b>Length of Clip:</b>	2 minutes, 24 seconds				
<b>Counter Times:</b>	0:48:08 to 0:50:32				
<b>Recommended Length:</b>	2-3 minutes		2-3 minutes		
<b>Description:</b>	This guy has wanted to have sex with this woman for a very long time and is not sure if he will ever get the chance. He really likes her and she seems to like him too, but up until now he has played it cool. The two are at a club, when he realizes this could be his only chance to have sex with her.				
<b>Availability:</b>	Commercial video and film outlets				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Is it "movie-quality"?	√				
Is it a prelude to sex scene?	√				
Does the male actor look like the men in your <b>Nia</b> group?					
Is it engaging?	√				
Will it prompt discussion around safer sex/risk reduction?	√				
Does it match the matrix? ★ Some talking ★ Some safer sex chances ★ Some passion	√				

## Worksheet for Movie Clip #4

Clip #4	Original		New		Comments
<b>Title of Movie:</b>	<i>Boyz N the Hood</i>				
<b>Length of Clip:</b>	3 minutes, 38 seconds				
<b>Counter Times:</b>	1:13:40 to 1:17:18				
<b>Recommended Length:</b>	2-4 minutes		2-4 minutes		
<b>Description:</b>	A couple has been dating for awhile, but they have not had sex yet. After a very rough day, the guy wants to spend some time with his lady. His goal is to relax and unwind from the day, not to have sex with her.				
<b>Availability:</b>	Commercial video and film outlets				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Is it "movie-quality"?	√				
Is it a prelude to sex scene?	√				
Does the male actor look like the men in your <b>Nia</b> group?					
Is it engaging?	√				
Will it prompt discussion around safer sex/risk reduction?	√				
Does it match the matrix? ★ Some talking ★ Few/difficult safer sex chances ★ Much passion	√				

## Worksheet for Movie Clip #5

Clip #5	Original		New		Comments
<b>Title of Movie:</b>	<i>Rage in Harlem</i>				
<b>Length of Clip:</b>	3 minutes, 49 seconds				
<b>Counter Times:</b>	0:21:50 to 0:25:39				
<b>Recommended Length:</b>	2-4 minutes		2-4 minutes		
<b>Description:</b>	The woman in this situation needs something from the man (a place to stay), and she is willing to do anything, including having sex with him, to get what she wants.				
<b>Availability:</b>	Commercial video and film outlets				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Is it "movie-quality"?	√				
Is it a prelude to sex scene?	√				
Does the male actor look like the men in your <b>Nia</b> group?					
Is it engaging?	√				
Will it prompt discussion around safer sex/risk reduction?	√				
Does it match the matrix? ★ Little talking ★ Few/difficult safer sex chances ★ Much passion	√				

## Worksheet for Movie Clip #6

Clip #6	Original		New		Comments
<b>Title of Movie:</b>	<i>Jason's Lyric</i>				
<b>Length of Clip:</b>	2 minutes, 4 seconds				
<b>Counter Times:</b>	1:15:00 to 1:17:04				
<b>Recommended Length:</b>	2-3 minutes		2-3 minutes		
<b>Description:</b>	This couple has been dating for several weeks. They are having sex and using condoms. Recently, they got HIV tests together and are waiting for their results. They had a major fight this morning. Each left angry, vowing to break up. Late that evening, the girlfriend visits the guy to make up.				
<b>Availability:</b>	Commercial video and film outlets				
<b>Content:</b>	<b>Yes</b>	<b>No</b>	<b>Yes</b>	<b>No</b>	
Is it "movie-quality"?	√				
Is it a prelude to sex scene?	√				
Does the male actor look like the men in your <b>Nia</b> group?					
Is it engaging?	√				
Will it prompt discussion around safer sex/risk reduction?	√				
Does it match the matrix? ★ No talking ★ Difficult safer sex chances ★ Lots of passion	√				

## Summary Chart of Original Videos

<b>Video #: Title</b>	<b>Length</b>	<b>Description</b>	<b>Availability</b>
<b>Video #1:</b> <i>When Men Talk About HIV/AIDS</i>	15 minutes, 18 seconds	While working out at a gym, a female health department employee is asked and answers HIV-related questions.	Part of <b>Nia</b> package
<b>Video #2:</b> <i>HIV/AIDS: Infecting and Affecting Our Community</i>	14 minutes, 57 seconds	Men who are living with HIV talk about their personal experiences. A woman who is taking care of her husband, who has AIDS, also tells her story.	Part of <b>Nia</b> package
<b>Video #3:</b> <i>Combination Video</i>	12 minutes, 17 seconds	Four “edutainment” clips: “Time Out” with Arsenio Hall and Magic Johnson; safer-sex scenes from “Partners in Crime, Volume I” with Robert Townsend; “Too Hot”, a music video by Coolio (4 min, 56 sec.); and HIV informational statements.	Part of <b>Nia</b> package
<b>Video #4:</b> <i>It’s All About Condoms</i>	7 minutes, 48 seconds	A woman, who has been to a safer sex class, brings information and a variety of condoms home. After dinner, she and her male partner demonstrate ways to apply and eroticize condoms.	Part of <b>Nia</b> package

## Summary Chart of Original Movie Clips

<b>Clip #: Movie Title</b>	<b>Counter Times</b>	<b>Description</b>	<b>Availability</b>
<b>Clip #1:</b> <i>Boomerang</i>	0:13:21 to 0:14:32	A man and woman are out for the first time. He really wants to have sex with her but doesn't want her to know. He pretends not to be interested in getting physical (intimate) with her. He hopes that his lack of interest will prompt her to initiate sex, so as to show that it was all her idea. He is playing mind games.	Commercial video and film outlets
<b>Clip #2:</b> <i>Dead Air</i>	0:14:23 to 0:15:49	The guy is sitting in a bar having a drink and minding his own business, when in walks a woman. The woman is celebrating her birthday and is looking for someone to help her celebrate.	Commercial video and film outlets

<b>Clip #: Movie Title</b>	<b>Counter Times</b>	<b>Description</b>	<b>Availability</b>
<b>Clip #3:</b> <i>Boomerang</i>	0:48:08 to 0:50:32	This guy has wanted to have sex with this woman for a very long time and is not sure if he will ever get the chance. He really likes her and she seems to like him too, but up until now he has played it cool. The two are at a club, when he realizes this could be his only chance to have sex with her.	Commercial video and film outlets
<b>Clip #4:</b> <i>Boyz N the Hood</i>	1:13:40 to 1:17:18	A couple has been dating for awhile, but they have not had sex yet. After a very rough day, the guy wants to spend some time with his lady. His goal is to relax and unwind from the day, not to have sex with her.	Commercial video and film outlets
<b>Clip #5:</b> <i>Rage in Harlem</i>	0:21:50 to 0:25:39	The woman in this situation needs something from the man (a place to stay), and she is willing to do anything, including having sex with him, to get what she wants.	Commercial video and film outlets

<b>Clip #: Movie Title</b>	<b>Counter Times</b>	<b>Description</b>	<b>Availability</b>
<b>Clip #6:</b> <i>Jason's Lyric</i>	1:15:00 to 1:17:04	This couple has been dating for several weeks. They are having sex and using condoms. Recently, they got HIV tests together and are waiting for their results. They had a major fight this morning. Each left angry, vowing to break up. Late that evening, the girlfriend visits the guy to make up.	Commercial video and film outlets