



APPENDIX O
Session One Consistency Outline

Session Consistency Outlines

The form in this appendix can be used to help you put down on paper what occurred during a **Nia** Session One. There is a similar form for Session Two, which can be found in **Appendix T**. These forms may be used by the program manager as part of the evaluation plan and to assist with debriefing sessions.

Facilitators should complete a copy of the Session Consistency Outline as soon as possible after the session. It is important to mark at the top of the first page when the session occurred and who completed the form. Part of the form may be completed during break, if that would help them with recalling the session better.

The outline, along with the Session Evaluation, should be placed in an envelope marked with the session number and returned to the program manager or other selected staff person promptly. The Session Evaluation Form is in **Appendix U**.

If your agency decides on a different session format (i.e., three or four sessions instead of two), related forms will need to be customized to fit. See page 4 of **Appendix F** for more information on customizing session format. If you are printing forms from appendices, you may wish to delete the footer.

Nia Facilitators' Session One Consistency Outline

Session One date: _____ Name(s) of facilitator(s) filling out form: _____

Method	Comments/Notes
Before Session:	
Set up for session (including Risk Continuum Banner, video equipment, chairs, etc.).	
Welcome participants.	
During Session:	
 Introduce facilitators, agency, and purpose of Nia groups.	
 Set up group rules.	
 Conduct introductory activity.	
  Conduct Myths and Facts activity.	
  Set-up, show, and guide discussion of Video #1.	
   Distribute and guide discussion of PFR-1 on HIV/AIDS knowledge.	
Take break.	
  Set-up, show, and guide discussion of Video #2.	
    Conduct Risk Continuum Banner activity (sex behaviors), and guide related discussion.	

Nia Facilitators' Session One Consistency Outline (page two)

Method	Comments/Notes
  Distribute and guide discussion of PFR-2 on sex behaviors.	
   Guide discussion on identifying risky situations.	
   Introduce trigger-identification skill, and conduct activity to create sexual risk scenario and identify triggers.	
  Introduce risk reduction decision-making skill and relate to previous activity.	
  Set up and show Video #3.	
End of Session:	
     Recap session concepts, and provide “take-home message.”	
 Thank participants for coming.	
 Remind participants about handouts.	
 Remind participants of next meeting.	
After Session:	
Fill out Session Evaluation form.	
Attend debriefing.	