

Course Descriptions: 19 Courses/Web-based Resources Available Now!

Anti-Retroviral Treatment and Access to Services (ARTAS) Pre-Course Module is a required activity prior to attending the classroom training. ARTAS is an individual-level, multi-session, time-limited intervention with the goal of linking recently diagnosed persons with HIV to medical care soon after receiving their positive test result. The content of this module will provide you with background information on ARTAS, its theoretical basis and core elements, the logic model, key getting started and pre-implementation activities, and an overview of the client sessions and helpful tips. This online pre-course training takes about one hour to complete.



ARTAS Strengths-Based Case Management Distance Learning Course is an online course that provides background and practice in applying the strengths-based approach in ARTAS. Along with the **ARTAS Pre-Course Module**, this course is a required activity prior to attending the classroom training. It takes about one hour to complete.

The pre-course online training, **CLEAR Overview Distance Learning Course**, is a pre-requisite for the 3-day in-person training on CLEAR. CLEAR is an evidence-based intervention for males and females ages 16 and older living with HIV/AIDS, is delivered one-on-one using cognitive behavioral techniques to change behavior, and provides clients with the skills necessary to make healthy choices. Upon completion of this course, you should be able to:



- Describe the original CLEAR intervention research results.
- Identify the differences between CLEAR and typical interventions.
- Describe the purpose of the CLEAR intervention five Core Skill Sessions.
- Describe the purpose of the CLEAR Menu Sessions.
- Identify components of the individual self-change process.
- Describe the cognitive-behavioral techniques used in CLEAR.
- Understand the Core Elements of the CLEAR intervention.

This online pre-course training takes about 2 hours to complete.

The online **Training of Facilitators of the d-up: Defend Yourself!** course is designed for the staff of community-based organizations, health departments, and other organizations planning to implement a community level intervention for Black gay men. *d-up!* is designed to promote social norms of condom use and assist Black MSM to recognize and handle risk related racial and sexual bias. The training is structured to gradually build understanding of *d-up!* Future facilitators will learn how to plan, implement, and monitor the intervention. This online course is divided into 14 chapters and offline assignments designed to be flexible enough to work around the complex schedules of those who would implement the intervention. Completion can be accomplished in as little as a week and a half and as long as 45 days.



[Every Dose Every Day, An HIV Medication Adherence eLearning Training Toolkit](#)
Continuing education for these 4 courses is available through the [CDC Training and Continuing Education Online](#) system.

EVERY DOSE EVERY DAY™

Strategies to improve HIV medication adherence



The **HEART (Helping Enhance Adherence to Antiretroviral Therapy)** strategy uses a collaborative problem-solving approach to improve HIV medication adherence. Health care and service providers work with patients and their support partners to develop a personalized adherence plan, that identifies the patient’s own barriers to adherence, and develops solutions to overcome those barriers.

Partnership for Health—Medication Adherence emphasizes the importance of the patient-provider relationship in promoting adherence. The patient’s primary care provider offers brief adherence counseling designed to increase patients’ knowledge and self-efficacy and encourage behaviors that support taking medications regularly



In the **Peer Support** strategy, HIV-positive patients with optimal adherence are trained by clinic staff to provide adherence support to others living with HIV, through structured group meetings and one-on-one phone calls.

SMART (Sharing Medical Adherence Responsibilities Together) Couples is for committed, HIV-discordant couples and is designed to improve ART adherence for the HIV-positive partner. This strategy, delivered by a clinician, social worker or case manager, promotes adherence by enhancing support from the HIV-negative partner, and addressing sexual transmission concerns within the couple dyad.



HIV Navigation Services (HNS) Training: Pre-Course Module is a prerequisite for the in-person training which improves skills for implementing HNS, a process of service delivery to help a person obtain timely, essential and appropriate HIV-related medical and social services to optimize his or her health and prevent HIV transmission and acquisition. This online module will:

- Summarize patient navigation history and its importance in prevention and health promotion work
- Analyze the connection between HIV navigation services to the vision and goals of the National HIV/AIDS Strategy
- Discuss the HIV/AIDS Continuum of Care and the importance of engagement
- Describe the theoretical foundations used in HIV navigation services

This interactive pre-course module takes approximately 30 minutes to complete.

PfH - Safer Sex: An Overview for Providers is a 30-minute course designed to help health care providers to recognize the benefits of integrating prevention messages into their clinic’s routine care for people living with HIV, utilize good communication skills to assess patients for HIV/STD transmission risk behaviors, and form “loss-frame” messages to deliver to patients who report transmission risk and/or non-disclosure of HIV status to sex partners. The primary target audience for this course is physicians who treat people living with HIV. In addition, anyone providing medical care or other support services to this population may find this information useful. Continuing education for this course is available through the [CDC Training and Continuing Education Online](#) system.

Personalized Cognitive Counseling (PCC): An Overview for Managers was specifically designed to give managers, including program administrators, supervisors, and health department monitors, an overview of PCC. PCC is an individual-level, single session counseling intervention designed to reduce unprotected anal intercourse (UAI) among men who have sex with men (MSM) who are repeat testers for HIV. This online course takes about 90 minutes to complete.



What does the future of HIV prevention really look like? **Prevention with Positives (PwP) in Action** is a 30-minute graphic novel designed to give staff at clinics, community-based organizations and health departments a look at one highly collaborative possibility for PwP. This resource can be found on the HIV Navigation webpages here: <https://effectiveinterventions.cdc.gov/PwP/story.html> and not in the HIP eLearning Center.



PROMISE (Peers Reaching Out and Modeling Intervention Strategies) for HIP: An Overview is a pre-requisite for the 2-day in-person training on PROMISE, but can be taken on its own to learn background information on this intervention. During the course, you will walk through an example of implementing PROMISE in the era of High Impact Prevention. You will need about an hour to complete the course. In the pre-course training, you will learn:

- How Community PROMISE is HIP compliant
- The four core elements of PROMISE and how to utilize them
- How to implement PROMISE for HIP in both the clinic and community setting

Traditional PROMISE Overview covers the concept of community-level interventions, social mobilization, what “community” means, the theoretical background, PROMISE’s four core elements, and the connections among the theories and the concept of reaching critical mass. It explores a formula to identify number of Role Model Stories and Peer Advocates according to sample size and the core elements. This course is based on the traditional condomless and drug related risk reduction behavioral approaches. This is a very solid intro course that will explore multiple topics related to this community intervention. The course is offered in 5 parts and takes 2 to 4 hours to complete.

The CDC on-line **Rapid HIV Testing Training Course** will offer an opportunity for HIV Prevention Providers working in non-clinical settings to gain knowledge and skills on administering rapid HIV testing. Rapid HIV Testing will allow providers greater reach into places where HIV testing has not been available. The on-line course has four modules, and takes approximately 5 hours to complete.

- Overview and Introduction to Rapid HIV Testing
- Safe Work Practices and Specimen Collection for Rapid HIV Testing
- Quality Assurance and Quality Control in a Rapid HIV Testing Environment
- HIV Prevention Counseling and Providing Rapid HIV Test Results



All materials in the course are based on CDC guidelines, protocols and established best practices related to rapid HIV testing, as seen in clinical and non-clinical settings.

RESPECT is an individual-level, client-focused, HIV prevention intervention consisting of two brief interactive counseling sessions. The eLearning course is great for both new and experienced RESPECT facilitators. The course has four modules and takes approximately 2 hours and 40 minutes to complete:



Module 1: Purpose and Goals of RESPECT and Theories and Principles of RESPECT

Module 2: Core Elements, Key Concepts and Protocol Overview

Module 3: Conducting a RESPECT Session (Video of Mock Session)

Module 4: Strategies for Implementing with Client Case Studies



Testing Together is a new public health strategy that occurs when two or more persons who are in – or planning to be in – a sexual relationship receive HIV testing services together, including their results. This service facilitates communication and disclosure of HIV status, and supports high impact prevention, care and treatment goals by identifying high-risk couples who might need to be linked to medical care or pre-exposure prophylaxis (PrEP), including discordant couples. This toolkit was designed to share information and resources to help HIV testing programs implement Testing Together, which is also referred to as Couples HIV Testing and Counseling (CHTC). You will find links to two eLearning courses, six videos demonstrating Testing Together in various settings, information about the classroom training and more.

The online pre-course training, **An Introduction to CHTC in the U.S.**, will give you an overview of CHTC, also known as Testing Together. The course is a pre-requisite for the 2-day in-person training on Testing Together, but can be watched on its own to get some basic information about this approach. You will hear from researchers and see the approach demonstrated with different couples. This online pre-course training takes about 2 hours to complete.

Testing Together eLearning Course for Healthcare Providers is designed for healthcare providers, their supervisors or clinic managers, and other persons involved in HIV testing in a healthcare setting who want an overview of Testing Together. The 2.5-hour eLearning module presents background on this approach for testing couples together, benefits of integrating this service in healthcare settings, and demonstrated examples of how to conduct Testing Together with different couples. Continuing education for this course is available through the [CDC Training and Continuing Education Online](#) system.



Video Opportunities for Innovative Condom Education & Safer Sex (VOICES/VOCES) is a group-level, single-session video-based intervention designed to increase condom use among heterosexual African American and Latino men and women who visit STD clinics. This e-Course is great for both new and experienced VOICES/VOCES facilitators. It takes approximately 6 hours to

complete. In this course, you can:

- Watch master trainers lead a single-session group discussion, while ensuring core elements are maintained
- Learn how to avoid common mistakes facilitating a VOICES/VOCES session
- Learn how to use VOICES/VOCES videos to lead gender-specific group discussions on condom negotiation skills
- Improve and refresh your facilitation skills
- Access a rich resource library