

Day 1	
8:30 AM	Registration
9:00 AM	Module I: Introduction and Housekeeping Introduction of Trainers Introduction of Trainees Ice Breaker General Housekeeping Group Rules Course Objectives, Agenda, and Introduction to Training Materials
9:40 AM	Module II: Introduction to FIO Prevention with Young, Heterosexually Active, Multi-Ethnic, At-Risk Women Overview of FIO Introduction to the Theories Guiding FIO Social Learning Theory Cognitive Behavioral Intervention and Feeling Thermometer Eight-Session Overview of FIO Review of Core Elements and Key Characteristics
10:45 AM	Break
11:00 AM	Module III: Facilitator Roles and Skills Exercise 1: FIO Facilitators' Skills Exercise 2: Working With Challenging Exercise 3: Sexual Desensitization Exercise 4: Values Clarification—Sexual Issues
12:20 PM	Lunch
1:20 PM	Module IV: Facilitation Introduction Session One, and Walk-Through Exercises 1 and 2 Demonstration Session One, Exercises 3-8
3:30 PM	Break
3:45 PM	Module IV (continued) Questions and Discussion, Session One
3:55 PM	Trainee Practice Preparation
5:00 PM	Adjourn

Day 2	
8:30 AM	Registration
9:00 AM	Question and Review from Day 1
9:30 AM	Module IV (continued) Introduction Session Two Walk-Through Session Two, Exercises 1 and 2 Practice Session Two, Exercise 3 Feedback Session Two, Exercise 3 Demonstration Session Two, Exercise 4
11:05 PM	Break
11:20 PM	Module IV (continued) Demonstration Session Two, Exercise 5 Walk-Through Session Two, Exercise 6 Questions and Discussion, Session Two
12:25 PM	Lunch
1:25 PM	Module IV (continued) Introduction Session Three Walk-Through Session Three, Exercise 1 Demonstration Session Three, Exercise 2 Walk-Through Session Three, Exercise 3 Practice Session Three, Exercise 4 Feedback Session Three, Exercise 4
3:10 PM	Break
3:25 PM	Module IV (continued) Walk-Through Session Three, Exercises 5 and 6 Questions and Discussion, Session Three
4:05 PM	Trainee Preparation for Practice Exercises
5:00 PM	Adjourn

Day 3	
8:30 AM	Registration
9:00 AM	Questions and Review from Day 2
9:15 AM	Module IV (continued) Introduction Session Four Demonstration Session Four, Exercise 1 Walk-Through Session Four, Exercise 2 Demonstration Session Four, Exercise 3 Practice Session Four, Exercise 4 Feedback Session Four, Exercise 4
10:45 AM	Break
11:00 AM	Module IV (continued) Walk-Through Session Four, Exercise 5 Walk-Through Session Four, Exercises 6 and 7 Questions and Discussion, Session Four
12:15 PM	Lunch
1:15 PM	Module IV (continued) Introduction Session Five, and Walk-Through Exercise 1 Demonstration Session Five, Exercise 2 Practice Session Five, Exercise 3 Feedback Session Five, Exercise 3 Practice Session Five, Exercise 4 Feedback Session Five, Exercise 4
2:40 PM	Break
3:00 PM	Module IV (continued) Practice Session Five, Exercise 5 Feedback Session Five, Exercise 5 Practice Session Five, Exercise 6 Feedback Session Five, Exercise 6 Questions and Discussion, Session Five
5:00 PM	Adjourn

Day 4	
8:30 AM	Registration
9:00 AM	Questions and Review from Day 3
9:15 AM	Module IV (continued) Introduction Session Six, and Walk-Through Exercise 1 Demonstration Session Six, Exercise 2 Practice Session Six, Exercise 3 Feedback Session Six, Exercise 3
10:25 AM	Break
10:40 AM	Module IV (continued) Practice Session Six, Exercise 4 Feedback Session Six, Exercise 4 Walk-Through Session Six, Exercises 5 and 6 Questions and Discussion, Session Six
12:10 PM	Lunch
1:10 PM	Module IV (continued) Introduction Session Seven, and Walk-Through Exercise 1 Practice Session Seven, Exercise 2 Feedback Session Seven, Exercise 2 Practice Session Seven, Exercise 3 Feedback Session Seven, Exercise 3
3:05 PM	Break
3:20 PM	Module IV (continued) Practice Session Seven, Exercise 4 Feedback Session Seven, Exercise 4 Demonstration Session Seven, Exercises 5 and 6 Questions and Discussion, Session Seven
5:00 PM	Adjourn

Day 5	
8:30 AM	Registration
9:00 AM	Questions and Review from Day 4
9:15 AM	Module IV (continued) Introduction Session Eight, and Walk-Through Exercise 1 Walk-Through Session Eight, Exercise 2 Demonstration Session Eight, Exercise 3 Walk-Through Session Eight, Exercises 4 and 5 Practice Session Eight, Exercise 6 Feedback Session Eight, Exercise 6
10:05 AM	Break
10:20 AM	Module IV (continued) Walk-Through Session Eight, Exercise 7 Demonstration Session Eight, Exercise 8 Questions and Discussion, Session Eight
11:45 PM	Lunch
12:45 PM	Module V: Pre-Implementation Agency Capacity Issues Recruitment, Retention, and Incentives
1:25 PM	Module VI: Maintenance and Management Adaptation Evaluation
2:25 PM	Training Conclusion Questions and Answers Evaluation
3:30 PM	Adjourn