

THE FUTURE IS OURS

Training of Facilitators (TOF) Day 4

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Session 6 Objectives

After completing this session, participants will be able to:

- Describe an approach or technique that they typically use to influence their partner
- List the steps to take to prepare for influencing their partners to engage in protected sex
- Demonstrate how to express their need for protection to their partners
- Demonstrate a strategy to influence condom use in their particular relationship
- Describe a way to make condom use more erotic

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Session 7 Objectives

After completing this session, participants will be able to:

- Demonstrate how to refuse sex and unprotected sex
- Explain what it means to them personally if a partner refuses to practice protected sex
- Explain why abstinence is an **option**
- Describe a sign of abuse in a relationship
- Describe a self-protective strategy that can be used in an abusive relationship
- Name a place to get additional help to deal with abuse if needed