

## PREVENTION OPTIONS FOR PARTNERS (MENU 2)

Select an option from this list to discuss and try with your partner.

**a) Talk with your partner about your relationship:**

- The things you like in a relationship
- The things you don't like in a relationship
- Ask him to share his feelings about the things he likes and does not like in a relationship

**b) Talk with your partner about HIV and STDs:**

- What he knows about STDs and HIV
- How worried he is about getting an STD or HIV
- His feelings about condom use for anal and oral sex
- Getting screened for STDs and HIV
- Getting treated for STDs
- Getting Hepatitis A and B vaccines
- Going together and sharing results with each other

**c) Talk with your partner about safer sex practices:**

- What safer sex means
- How to negotiate safer sex
- Past experiences with safer sex
- How to use condoms and dental dams properly
- How to make safer sex sexy

**d) Talk with your partner about sexual roles:**

- What being a Top means to him and you
- What being a Bottom means to him and you
- Each partner's role preferences
- Negotiate and adhere to guidelines about sex outside the relationship

e) **Talk with your partner about relationship roles:**

- How you both handle power within your relationships
- Each partner's role preferences (e.g., nurturing, authoritarian)

f) **Talk with your partner about personal space and communication:**

- Your need for personal space
- His need for personal space
- How to communicate that with each other

g) **Consider postponing sex for a while when you first meet:**

- Make a date (movies, comedy club, coffee, dinner, go for walk, shopping, exercise, museum, planetarium, hobbies, local events, etc.)
- Try and get to know each other better by talking and sharing
- Work out some expectations about your relationship roles before getting sexually involved