



## Street Smart Core Elements in Particular Sessions

Use page 1 to evaluate intervention session in comparison to the content and methods particular to that session (see below).

| Session Number and Title                           | Content & Method for this Session   |
|--|---|
| <b>1 Getting the language of HIV/AIDS and STDs</b> |   |
| 1) awareness & control:                            | HIV/AIDS & STD terms/transmission; <i>Future Dreams</i> exercise                                      |
| 2) risk hierarchy:                                 | Correct transmission misconceptions   |
| 3) personal risk triggers:                         | <i>You Never Can Tell</i> exercise  |
| 4) build skills:                                   | Recognition of discomfort level w/ <i>Feeling Thermometer</i> exercise                                |
| <b>2 Personalized risk</b>                         |   |
| 1) awareness & control:                            | Get rid of self-defeating thoughts; <i>How Safe Am I</i> exercise; <i>Check Yourself Out</i> exercise |
| 2) risk hierarchy:                                 | Relative safety of different sex acts   |
| 3) personal risk triggers:                         | Thoughts/feelings that lead to unsafe acts; <i>What Are My Triggers</i> ex.                           |
| 4) build skills:                                   | Avoid sexual risk; <i>Set Your Own Limits</i> exercise  |
| <b>3 How to use condoms</b>                        |   |
| 1) awareness & control                             | Getting the feel of condoms; correct condom misconceptions  |
| 2) risk hierarchy                                  | Selecting condoms exercise  |
| 3) personal risk triggers                          | --  |
| 4) build skills                                    | Put condoms on male/female models; Role play handling condoms   |
| <b>4 Drugs and alcohol</b>                         |   |
| 1) awareness & control                             | How drugs/alcohol affect actions; <i>Pros &amp; Cons</i> or <i>What I Believe</i> ex.                 |
| 2) risk hierarchy                                  | Trigger Cycle poster  |
| 3) personal risk triggers                          | Triggers questionnaire; HALT technique  |
| 4) build skills                                    | Role play how drugs/alcohol affect me; <i>Get Back In Control</i> exercise                            |
| <b>5 Recognizing and coping with feelings</b>      |   |
| 1) awareness & control                             | Coping styles   |
| 2) risk hierarchy                                  | Pros & cons of getting tested for HIV   |
| 3) personal risk triggers                          | Recognize feelings; problem analysis  |
| 4) build skills                                    | Relaxation techniques; <i>SMART problem-solving</i> exercise  |
| <b>6 Negotiating safer sex</b>                     |   |
| 1) awareness & control                             | <i>My Sexual Values</i> exercise; problem analysis  |
| 2) risk hierarchy                                  | --  |
| 3) personal risk triggers                          | --  |
| 4) build skills                                    | <i>SMART</i> ; <i>"I" Statements</i> ex.; Role play assessing partner's risk                          |
| <b>7 Self talk</b>                                 |   |
| 1) awareness & control                             | <i>Thought Cards</i> ex.; <i>Pat on the Back</i> ex.; STOP! Negative Self-Talk                        |
| 2) risk hierarchy                                  | --  |
| 3) personal risk triggers                          | --  |
| 4) build skills                                    | Switching negative thoughts to positive ones  |
| <b>8 Staying safe over time</b>                    |   |
| 1) awareness & control                             | <i>People's Actions</i> exercise; <i>Goal Setting/Confidence Rating</i> ex.                           |
| 2) risk hierarchy                                  | --  |
| 3) personal risk triggers                          | Make video about safer sex  |
| 4) build skills                                    | <i>Dealing w/ rationalizations &amp; slips</i> exercise   |

## Scoring Street Smart Session Report for Fidelity of Implementation

The highest possible score for fidelity is 10 points; core elements account for 8 points. Questions #, 1, 3, and 4 are worth 0.5 points each. Questions 7, 8, 9, and 10 are worth 2 points each. Responses to Question 11 deduct points from the cumulative score; 0.5 points for each addition. The scoring system is as follows:

| <u>Question</u> | <u>Response</u>   | <u>Add Points</u> |                |
|-----------------|---|-------------------|----------------|
| Facilitator #   | 1 facilitator or more than 2facilitators  | 0                 |                |
|                 | 2 facilitators  | 0.5               |                |
| 1               | less than 90 minutes or more than 2 hours   | 0                 |                |
|                 | 90-120 minutes  | 0.5               |                |
| 3               | 1 to 5 participants or over 10 participants   | 0                 |                |
|                 | 6-10 participants   | 0.5               |                |
| 4               | fewer than 8 or more than 8 sessions  | 0                 |                |
|                 | 8 sessions  | 0.5               |                |
| 7               | Done  | 0.5               |                |
|                 | Not Done  | 0                 |                |
| a-c             | Yes   | 0.5               |                |
| 8               | Done  | 0.5               |                |
|                 | Not Done  | 0                 |                |
| a-c             | Yes   | 0.5               |                |
| 9               | Done  | 0.5               |                |
|                 | Not Done  | 0                 |                |
| a-c             | Yes   | 0.5               |                |
| 10              | Done  | 0.5               |                |
|                 | Not Done  | 0                 |                |
| a-c             | Yes   | 0.5               | Subtotal _____ |
| 11              | Each addition to:   |                   |                |
|                 | Enhancing affective and cognitive awareness, expression, and control<br>(e.g., show pictures of STD symptoms, cover dental dams/plastic wrap, discuss morality)   |                   | -0.5           |
|                 | Teaching HIV/AIDS risk hierarchy and its application to oneself<br>(e.g., focus on abstinence, show commercially made video, teach safe injection)  |                   | -0.5           |
|                 | Using peer support to train in recognizing triggers for personal risk<br>(e.g., give hugs, use candy instead of tokens, watch video made at earlier session)  |                   | -0.5           |
|                 | Building skills in problem solving, personal assertiveness, HIV/AIDS harm reduction<br>(e.g., leaders do/join role play, cover material from two sessions in one<br>90-120 minute session, teach basic self-defense, teach needle cleaning) |                   | -0.5           |

TOTAL \_\_\_\_\_