

## Project START—Behavior Change Logic Model

Problem Statement	Activities	Outcomes		
<p><b>Individuals released from correctional settings engage in sexual and drug use behaviors that put them at risk to acquire or transmit HIV/STIs/ hepatitis because of the following behavioral determinants:</b></p>	<p><b>Tasks necessary to address behavioral determinants are:</b></p>	<p><b>Expected changes as a result of activities targeting behavioral determinants include:</b></p>		
<ul style="list-style-type: none"> <li>▶ Low perception of risk</li> <li>▶ Lack of risk reduction knowledge</li> <li>▶ Lack of risk reduction skills</li> <li>▶ Unable to prioritize HIV/STI/hepatitis prevention until other life issues such as mental health, substance abuse, housing and employment, have been addressed</li> </ul>	<p><b>2 Sessions Pre-Release</b></p> <ul style="list-style-type: none"> <li>▶ Assess HIV/STIs/hepatitis knowledge</li> <li>▶ Provide information on transmission and risk of HIV/STIs/hepatitis</li> <li>▶ Discuss personal risk behaviors</li> <li>▶ Develop individual Risk Reduction (RR) and Transitional plans</li> <li>▶ Facilitate behavioral skills practice (communication, problem solving, goal setting, &amp; condom use)</li> <li>▶ Facilitate post-release service referrals for housing, employment, substance abuse treatment, etc.</li> </ul> <p><b>4 Sessions Post-Release</b></p> <ul style="list-style-type: none"> <li>▶ Provide ongoing risk behavior &amp; goal assessment/revision</li> <li>▶ Provide ongoing transitional goal assessment/revision</li> <li>▶ Problem solve to overcome barriers and capitalize on facilitators</li> <li>▶ Provide ongoing availability of resource materials including condoms &amp; lubricants</li> <li>▶ Acknowledge &amp; support accomplishments</li> <li>▶ Facilitate service referrals to ongoing community services as needed</li> </ul>	<p><b>Immediate Outcomes</b> <i>(e.g., immediately following or within 1 to 2 weeks of program)</i></p> <ul style="list-style-type: none"> <li>▶ Realistic perception of personal risk to acquire or transmit HIV/STIs/ hepatitis enhanced</li> <li>▶ Knowledge of RR strategies increased</li> <li>▶ Goal setting, problem solving, and communication skills increased</li> <li>▶ Knowledge of community resources increased</li> <li>▶ HIV/STIs/hepatitis testing increased</li> <li>▶ Intention to reduce risky sexual and drug use behaviors increased</li> <li>▶ Intention to engage in safer sex and/or syringe use behaviors increased</li> </ul>	<p><b>Intermediate Outcomes</b> <i>(e.g., 1, 3, or 6 months following program)</i></p> <ul style="list-style-type: none"> <li>▶ Increased utilization of community-based services</li> <li>▶ Improved life circumstances (e.g., housing, employment, substance abuse and mental health treatment)</li> <li>▶ Increased time in community following incarceration/decreased recidivism</li> <li>▶ Decrease in unprotected vaginal/anal sex with any partner; with riskier partner(s)</li> <li>▶ Decrease in substance abuse &amp; related risk behaviors</li> <li>▶ Increased condom use and safer injection practices</li> </ul>	<p><b>Long-term Outcomes</b> <i>(e.g., 9 or 12 months following program)</i></p> <ul style="list-style-type: none"> <li>▶ Reduction in risky sexual and drug use behaviors</li> <li>▶ Reduction of HIV/STIs/ hepatitis incidence or transmission</li> </ul>

Conceptual Framework: Client-Centered Incremental Risk Reduction

