

Healthy Relationships Agency Readiness Self-Assessment

The following is a brief self-assessment intended to assist agencies (e.g., CBOs) to determine if they currently possess the capacity, or can build the capacity, to adopt and implement the Healthy Relationships intervention. Please read each item and then place a check mark (✓) in only one response option.

Capacities and Resources Needed for Healthy Relationships	Yes, we have this capacity (1)	We do not presently have this capacity, but can build the capacity (2)	No, we do not have this capacity (3)
1. One 100% full time experienced counselor, preferably a mental health professional.			
2. One 25% full time peer facilitator (preferably HIV positive) for each population of people living with HIV/AIDS for whom sessions will be offered.			
3. One 25% full time program manager to conduct evaluation and QA activities.			
4. Commitment to and completion of at least 24 hours of training in Healthy Relationships.			
5. Agency commitment of 40-60 hours to find and assemble 13 video/movie clips to use during sessions. The hours required depend on equipment access, staff skills, and the number of populations who will receive the intervention.			
6. Access to a TV/VCR or DVD player, easel, easel chart paper, and markers.			
7. Provision of small incentives to encourage participation and of one small prize at the end of each session.			
8. Meeting space to conduct Healthy Relationships sessions.			
9. Agency commitment to implement the entire Healthy Relationships program.			

If all of your responses were in column 1 (“Yes, we have this capacity”) or column 2 (“We do not presently have this capacity, but can build the capacity”), your agency is likely “ready” for Healthy Relationships.