

CLEAR: Choosing Life: Empowerment, Action, Results!

A one-on-one intervention with youth and adults living with HIV/AIDS and high-risk negative individuals

Implementation Summary

<p style="text-align: center;">INPUTS</p> <p style="text-align: center;"><i>Inputs are the resources needed to implement and conduct intervention activities.</i></p>	<p style="text-align: center;">ACTIVITIES</p> <p style="text-align: center;"><i>Activities are the actions needed to prepare for and conduct the intervention. There are two sets of activities: those needed to get the intervention started (Pre-implementation) and those needed to implement and conduct intervention activities (Implementation).</i></p>	<p style="text-align: center;">OUTPUTS</p> <p style="text-align: center;"><i>Outputs are the deliverables or products that result from implementation activities. Outputs provide evidence of service delivery.</i></p>
<ul style="list-style-type: none"> • Intervention package • Budget • One 25% FTE Program Manager • One 10% FTE licensed Clinical Supervisor or consultant • Two 50% FTE Counselors • One 50% FTE Program Assistant (Optional) • Office space with secure(private) counseling room(s) • Copier • Paper, markers, pens/pencils, masking tape, folders, certificates • Workbooks • Forms and handouts • Magazines • Male and female anatomical models • Male and female condoms • Lubricants • Evaluation instruments • Network of agencies providing services to the intended target population • Incentives for participants (optional) 	<p style="text-align: center;"><u>Pre-Implementation</u></p> <ul style="list-style-type: none"> • Hire Program Manager • Attend Program Manager web-assisted training • Recruit stakeholders from members of community the target population, the agency’s Board of Directors, and agency staff to secure buy-in. • Identify a CLEAR champion • Create a CLEAR Advisory board comprised of stakeholders • Conduct needs assessment • Develop an implementation budget plan, and timeline • Develop protocols, , that are particular to the agency’s capacity including ones on participant session attendance, retention and clinical supervision • Develop an evaluation and quality assurance plan • Hire/identify a licensed Clinical Supervisor • Hire Counselors and Program Assistant • Counselors and Clinical Supervisor attend intervention training and other trainings as necessary • Conduct assessment of the intended target population • Develop and carry-out plan to recruit intended 	<ul style="list-style-type: none"> • (%) of individuals screened • (%) of individuals enrolled in the intervention • (#) of sessions delivered • (#) of individuals who completed at least 8 sessions (5 Core Sessions, 1 Menu Domain, and Wrap-up Session) • (%) of individuals who completed the five Core Skill Sessions • (%) of individuals who completed appropriate menu sessions from the six Domains • Resources used to deliver the sessions • (#) of clinical supervision meetings conducted over the program year with counselors • (#) of sessions observed by the clinical supervisor • (#) of post-session evaluations completed after Wrap-up Session

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	<p>target population</p> <ul style="list-style-type: none">• Market intervention to referral network for recruitment of participants and referral to services.• Screen all potential individuals and enroll in intervention• Acquire all resources and materials needed to conduct intervention activities <p><u>Implementation</u></p> <ul style="list-style-type: none">• Prior to each individual session:<ul style="list-style-type: none">• Develop and update resource packet• Review client's goal from previous session• Review client's overall progress with weekly goals• Review client's long-term goal and prevention goal• Review client's Ideal Self characteristics• Remember client's strengths and weaknesses• Copy and prepare all session handouts and include in the participant's Workbook• Conduct five Core Skill Sessions following the Client Flow Chart• Develop prevention plan,(during fifth Core Skill session) based on the client's long-term and prevention goals and Ideal Self characteristics• Conduct sessions for one to six Menu Domains, based on client's prevention plan <p><u>Maintenance</u></p> <ul style="list-style-type: none">• Use evaluation data to improve program implementation	
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	<ul style="list-style-type: none">• Meet with Clinical Supervisor• Maintain buy-in• Submit reports	
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